



User Manual
Cloud8 ROGUE

TIME TO RECHARGE



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Control Panel

Pressure indicator (1-16 / 30-240 mmHg)

adjust with - / +

Treatment time indicator

adjust with - / +

Power Switch

Chamber selection buttons*

Program selector

Start / pause

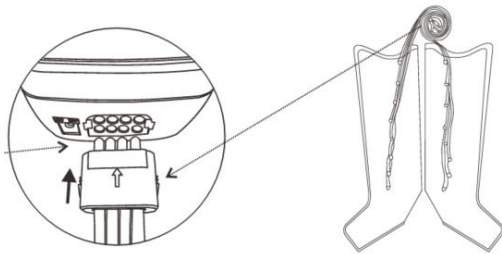
Battery level



*You can press a single chamber button to deactivate (and activate) chamber (for example, if your calves are sore and you want to shut down chambers 2 and 3)

Getting started

1. Before first use, check the battery status by switching power switch on and try to hit start. If the pump won't start, recharge the device.
2. Connect pressure hoses to boots. In ROGUE, the hose connector runs towards machine from hip end.
3. Connect the hose connector to the machine. When installed right, you see arrow in connector pointing up. See illustration below.



4. Check and ensure all connections to the machine.
5. Put on the boots (or Cloud Sleeve, Cloud Belt, Cloud Shorts or Cloud Pants)
6. Turn on the power switch.



7. Set the desired pressure



- For first time use, we recommend starting with the pressure around 100 mmHg (level 6). Adjust the level for your preferences. Remember, that treatment should never feel painful.

level 1-4 / 30-75 mmHg

level 5-8 / 85-130 mmHg

level 9-12 / 140-185 mmHg

level 13-16 / 195-240 mmHg

8. Set the desired treatment time



-original setting is 30 minutes. Short press to add/reduce a minute, long press to wanted time. When time runs out, the machine shuts off automatically.

9. Set the desired program



- check next page for details

10. If you like to skip chamber, you can press chamber selection buttons. When pressed, light from chamber turns off. Original setting is all chambers on. When inflating or deflating, chamber light is flashing.



11. Press the start / pause button

Program modes

A: (WARMUP) Chamber 1 is inflated to the set pressure, retains the air for a moment, and is then deflated. Chamber 2 will repeat chamber 1, and this process continues until chamber 8. After this there will be a brief interval and then the inflation process will be repeated.

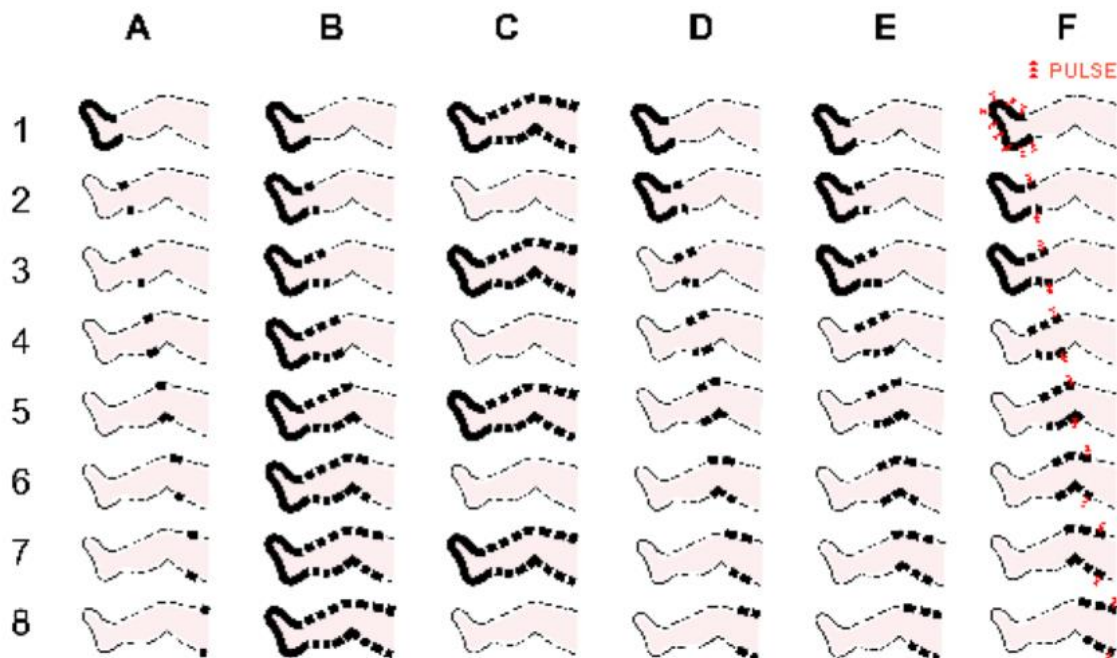
B: (LYMPHATIC MODE) This program achieves a powerful drainage which maintains pressure from the foot and upwards until deflation. Chamber 1 is inflated to the set pressure. Pressure is retained; chamber 2 is inflated to the set pressure, retaining pressure. This process is repeated till all 8 chambers are inflated. Finally all chambers are simultaneously deflated, and next inflation will be repeated.

C: (FULL SQUEEZE) Chambers 1 – 8 are simultaneously inflated to the set pressure, and then simultaneously deflated. The programme is resumed after a brief interval.

D: (DOUBLE CHAMBER) Chamber 1 is inflated, retaining pressure; chamber 2 is inflated, retaining pressure. While chamber 1 is deflated, chamber 3 will be inflated. Thus, this 2-chamber process will be repeated till chamber 8 – the pressure is therefore less intense, and the foot will remain free.

E: (TRIPLE CHAMBER) As compared with programme D, this programme is firmer, although less intense than programme B, and the foot will remain free half the time. Chamber 1 is inflated, retaining pressure. Next chambers 2 and 3 are inflated and pressure retained. The pressure of chamber 1 is released while chamber 4 is inflated. This way, this triple chamber process will be repeated till chamber 8.

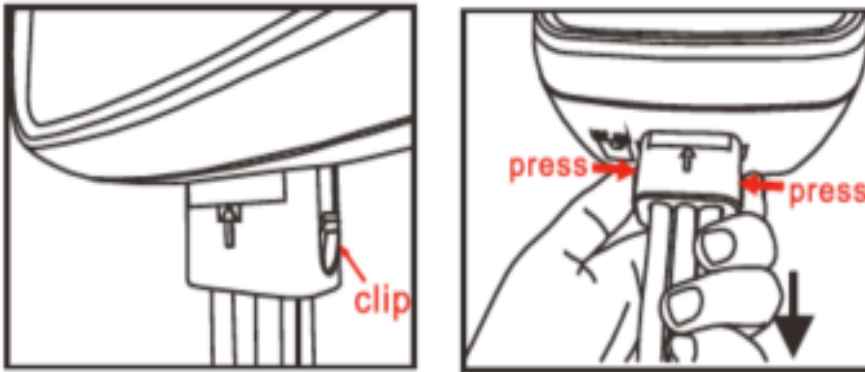
F: (PULSE PROGRAM) Chamber 1 is inflated to the set pressure, 4 pulsations while retaining pressure. Next Chamber 2 is inflated, pulsation while retaining the pressure of chamber 1. Chamber 3 is inflated, pulsating while pressure in both 1 and 2 is retained. Next the pressure of chamber 1 is released while chamber 4 is inflated. This way, there will always be 3 inflated chambers at a time – right up to chamber 8, whereupon the process is repeated.



After use

When you finish your Cloudboots session, disconnect hose connector from machine by pulling from connector, not from hoses (see picture 1). The boots connected with hoses should always kept and used as a whole. By leaving hoses connected to boots, it is easier to start next session; just insert connector to machine and you are ready for next session.

When you are travelling with Cloudboots or you have another good reason to get package wrapped up tighter, disconnect hoses also from boots. Hold the counterpart with another hand and pull a pin straight up. Do not pull from hose (see picture 2).



Picture 1: disconnecting hose connector from machine



Picture 2: disconnecting hoses from boots

Product information

Control:	Touch keyboard
Display:	LED indicator
Size:	240*150*100mm
Input voltage:	220V/50Hz
Power consumption:	35W
Time of therapy:	1~99 minutes
Pressure area:	Levels 1-16 30 ~240 mmHg (tolerance ± 20 mmHg)
Chambers:	8
Battery time:	2-4 hours (depending on pressure setting)
Rechargeable battery:	Lithium 5000mAh
Warranty:	2-years (from date shown in invoice)

Restrictions

Many different patient groups may benefit from air-compression treatment. The characteristic of many disorders is that they are not experienced the same way by all patients, just as symptoms may vary. For this reason, we have no unequivocal picture of how, and to which extent, air compression will help the individual patient.

In this connection, it is important to mention that the Cloudboots product is no medical equipment, but rather an assistive device. We therefore recommend that, in the event of serious illness, you consult your attending physician prior to taking the products into use.

Contra indications:

- Coronary thrombosis (do not use the first 12 weeks after)
- Haemophilia
- Large outpouching of the main coronary artery
- Aggressive infections
- Infectious skin diseases (such as erysipelas)
- Ongoing chemotherapy
- Acute groin hernia

Caution:

- Pregnancy
- Reduced renal function
- Large varicose veins

Attentions and warnings

- Do not use water or any other liquids to wash machine. Just wipe it with a dry cloth
- You can clean the boots with damp cloth
- Do not put anything on the top of machine
- Use the equipment for massage only
- Do not put boots near the sharp things
- Keep in a dry and warm place. Do not alter to frost!
- Protect product from direct sunlight to avoid discoloring
- Never leave the machine in the charger after it has been fully charged. This will detract from the lifetime of the battery.

Cloud Pants

Our regular boots end at the crotch and are put on like two separate boots. The massage ends at the level of the groin, which excludes muscle areas above the thighs. Cloud Pants, on the other hand, are a type of trousers that reach up to the middle of the body, depending on body size. This is the key performance advantage of the Cloud Pants. Here, in addition to the gluteus maximus, the piriformis, iliopsoas and hip flexor are also included in the massage – in other words, all the important muscles in the hip and buttock area. Thanks to two compression chambers on the back, you also experience a pleasant massage on the lower back, which contributes to the well-being of the entire back. For athletes, this means a decisive performance advantage, as lactate removal is not limited to the legs. The result is more effective and faster regeneration. Available for LITE, ACTIVE and ROGUE

Cloud Sleeve

Cloud Sleeve is available in 90 cm and 60 cm lengths where widest (one-size) and can be used for both hands, one hand at the time. This product is, for instance, used for lymphoedema, neuropathic pain, tense muscles in arm and shoulder regions, and carpal tunnel syndrome. Raise your arm well around the shoulder. It is a good idea to sit with your arm at a 90-degree angle, supported by pillows or a backrest. Alternatively, the device can be used in a lying position. Do not secure the front-end of the strap, until the arm is inflated to its maximum. Arm is meant to be used on a bare arm or a tight-fitting shirt. Available for LITE, ACTIVE and ROGUE

Cloud Belt

The Cloud belt is adjustable in circumference (one size). The height is 37 cm and 120 cm wide. Cloud belt covers both the back and the upper part of the buttocks. For instance, if you have experienced pelvic support problems or tensioned Gluteus Maximus (the large muscle of the buttock), you pull the loin belt down over hips and buttocks which will provide a firm and relaxing pressure.

Or, like so many others, you may feel tired and sore around your back. If this is the case, you should lift the belt upper. You can also fold the belt and close chambers if you want treatment for a smaller area – or you can simply push it together while it is being inflated. This way, you obtain double pressure precisely where it will be beneficial. Sit down in your sofa with a pillow behind your back during the procedure. Belt is available for LITE, ACTIVE and ROGUE

Cloud Shorts

Shorts will take care of hip flexion, buttocks, quads, and hamstrings. This is a tool that is equally suited for before as after workout. Shorts will improve hip flexibility, prepare you for a squat day, and limber up your body after a training session.

Please note that even if you use your SHORTS with the same pressure setting as you know from your Boots, it will be a different sensation. This is because, as compared with your legs, your bone structure and muscular system are larger within this area and, hence, will absorb part of the pressure. Naturally, you will nonetheless benefit from the necessary circulation which will remedy tight sinews and ligaments as well as create the good flow to establish preventive measures with respect to injuries.

Shorts are linked up with your device instead of your Boots and is used as a supplement to your daily recovery. Available for LITE, ACTIVE and ROGUE.



If you have any questions about our products, check our website for FAQ or contact

support@cloudboots.eu or ville@cloudboots.fi